DENTAL ANAESTHESIA/ORAL SEDATION INFECTION PREVENTION & CONTROL BUSINESS PAIN MANAGEMENT
DID YOU KNOW?

U of T Dentistry is Canada’s first and largest dental education institution, serving over 90,000 patient visits in house per year, and offering training in all of the dental specialities.

The University of Toronto’s Continuing Dental Education program is now PACE (Program Approval for Continuing Education) accredited by the American Academy of General Dentistry.

We offer tailored, short-run courses for groups of international and focus group students.

We have revived our popular travel and learn courses, with more program offerings and destinations to choose from.
MESSAGE FROM DR. CHRIS SWAYZE, CDE DIRECTOR

We have made some exciting changes to our programming that I hope you’ll take the time to explore.

Your time is valuable. So, too, is your learning. The University of Toronto’s Continuing Dental Education office values both. Our aim is to continually improve the relevance and accessibility of our educational programs. We have fine-tuned and refreshed some of our courses and created a number of new ones that I believe will better meet our profession’s needs.

As well as improving the many ways you need to access your learning opportunities — through our popular UTOOTH online courses, for instance, which can be completed from the comfort of your home or office computer — these changes also emphasize a more interactive and hands-on approach to continuing education. After attending our courses, we want you to be able to offer patients a greater range of treatment options — training that will not only improve your patient care but will help you grow your practice.

Our entire profession benefits from dentists who continue to grow their knowledge and expertise. Improved skills mean higher standards across our profession. This is better for our patients, our fellow dentists and ultimately, the future of our health care profession. And those are the standards that we here at the University of Toronto’s Continuing Dental Education program are committed to.

Precision education, perfectly executed

I am very pleased to present you with the 2019-2020 CDE Course Calendar for the Faculty of Dentistry at the University of Toronto, my first since joining the Faculty as Director of the CDE program this past winter. I’m privileged to carry on the exceptional work of my predecessors, including Dr. Robert Carroll, Dr. Barry Chapnick and Dr. Barry Korzen, and I am excited to build on the solid foundation they’ve created. With the incredible support I’ve received from Dr. Daniel Haas, faculty and staff, I know that the CDE program will continue to innovate and grow to meet the ever-changing needs of the profession.

Over the past few months, I have been thrilled by the level of commitment, passion and energy the faculty and staff of this program have shown.
2018/2019 YEAR IN REVIEW

5 LIVE PATIENT PROGRAMS

19 COURSES PRESENTED BY FACULTY STAFF

19 COURSES OPEN TO DENTAL TEAM IN ADDITION TO DENTISTS

cde.dentistry.utoronto.ca/courses
2018/2019 YEAR IN REVIEW

Course Information
37 courses completed

- **CORE**
- Category 2
- Category 3
- No Category
- Lecture Only
- Lecture & Hands-on
- Lecture & Demo
- Presented by Faculty & Staff
- Presented by Guest

37 courses completed
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OVERVIEW:

In modern therapy, the reconstruction of periodontal and peri-implant soft tissues is a key aspect of treatment for aesthetic and functional purposes.

Over the years, several surgical techniques have been proposed for the treatment of single and multiple recessions and peri-implant defects with different flap designs and connective tissue grafts, achieving an excellent level of scientific evidence.

More recently, research has focused on collagen matrices as connective tissue grafts substitutes, in order to reduce post-operative discomfort and morbidity. The aim of this course is to analyze and provide participants with the most effective techniques for the management of soft tissues defects in mucogingival and peri-implant surgery.
Dental Practice Management

**DATE:** September 21, 2019 – April 25, 2020

**CDE CREDITS:** 60  **CATEGORY:** 3

**TUITION:** $2,600

**LOCATION:** Faculty of Dentistry — 124 Edward St.

**COURSE DIRECTOR:**

Lisa Philp  
RDH  
Lisa Philp is the Chief Visionary Officer and founder of TGNA - Transitions Group North America; a full service coaching company for dentistry.

**OVERVIEW:**

For the 16th consecutive year, the University of Toronto, in collaboration with the Transitions Consulting Group, is pleased to offer a comprehensive program in Dental Practice Management designed for the entire dental team. The Transitions Group has developed this program based on a wealth of experience attained through individual practice management consultations with over 3000 dental practices. Course Director Lisa Philp has extensive experience in teaching the business of dentistry at a number of dental faculties.

Discounts are offered when multiple staff persons from the same office register. Certificates recognized by ODAA and CHO are awarded following successful completion of the course including examinations.
Small Field-of-View Cone Beam CT: A 2.5 Day Didactic and Hands-On Course

**DATE:** September 27-29, 2019

**CDE CREDITS:** 21 (2.5 Day)  
**CATEGORY:** 2

**TUITION:** $3,295

**LOCATION:** U of T Centre for CDE — 1440 Don Mills Rd

**COURSE DIRECTOR:**

**Dr. Dale Miles**  
BA, DDS, MS, FRCD(C), Dip. ABOM, Dip, ABOMR

Dr. Miles is a diplomate of the American Board of Oral and Maxillofacial Radiology and the American Board of Oral Medicine. Dr. Miles has been named one of the “TOP 100 CLINICANS IN CE” for the last 9 years by Dentistry Today. He has authored over 130 scientific articles and 5 textbooks, including the latest on Cone Beam Imaging.

**OVERVIEW:**

The small field-of-view cone beam CT (CBCT) has both didactic and clinical hands-on components that will introduce the clinician to the principles of CBCT and its applications in dentistry consistent with RCDSO education guidelines for the operation of CBCT systems.
Join the Caries Control Revolution: A New Comprehensive & Minimally-Invasive Treatment for Caries Management

**OVERVIEW:**

This course will introduce participants to a worldwide discovery in dental caries control and prevention.

Recent protocols in caries management are mainly oriented towards operative treatment decisions. This lecture will bring dental professionals inside cariology to understand the caries process as a continuum. What can dental professionals recommend to change the biologic events and carious lesions outcomes?

A new and worldwide scientific discovery representing a breakthrough in the last 60 years will be introduced. A unique, scientifically-proven 25% Xylitol toothpaste. A star is born!

Strong evidence-based comprehensive products and protocols associated with carious lesions prevention and control will also be presented.

After this lecture, participants will be able to intervene at any stage of the caries process.

**DATE:** October 5, 2019 (8:30AM – 12PM)

**CDE CREDITS:** 3 (0.5 Day)  **CATEGORY:** 2

**TUITION:** $350

**LOCATION:** U of T Centre for CDE — 1440 Don Mills Rd

**COURSE DIRECTOR:**

**Dr. Jacques Véronneau**

DMD, MSc, PhD

Dr. Jacques Véronneau is a cariologist working in private practice and is the owner of Centres Dentaires Véronneau. He is a graduate of Montreal (DMD, MSc) and McGill (PhD) Universities and has dental research on three continents. He spent the last 12 years researching a more effective agent in reducing the cariogenic bacterial load and is now presenting these results.
Cybersecurity and Maintaining the Integrity of Digital Patient Records

OVERVIEW:
This course will help decision-makers understand how to protect the integrity of digital records, and how their networks store and access data. It will give them a checklist based framework, from a clinicians perspective, to guide discussions with their IT professionals, create policies in the office, and place an emphasis on multiple, overlapping and mutually supportive defensive systems that balance benefits, risks and costs.

Course Objectives:
• Identify what falls into patient data, and if it’s integrity is “intact”.
• Identify how IT is currently being used, the physical make up of an IT network, and key policies that need to be in place.
• Identify the core assets in their own practice that need protection and identify the most-significant threats to their business.
• Learn what to discuss with IT professionals, as a decision-maker, to build a threat-based, layered and defensive network architecture.

A checklist-based plan will be given and discussed.
Platelet-Rich Fibrin and Guided Bone Regeneration for Everyday Dentistry

OVERVIEW:
The objective of this course is to understand how the growth factors are produced and activated to improve bio compatibility in procedures like GBR (Guided Bone Regeneration) and soft tissue management. There is scientific evidence to demonstrate that the growth factors are released by platelets and white cells. We have had the PRF since 2000 and, we now have low speed centrifugation: Advanced PRF (A-PRF) and Injectable PRF (i-PRF) which are being routinely used for Implants, GBR and GTR procedures. Advanced Platelet Rich Fibrin, combines the fibrin network, the growth factors from the platelets and an increased amount of white cells for better vascularization. And the i-PRF proposes platelets, white cells, fibrinogen in liquid form but with a high number of mesenchymal stem cells. This concept has revolutionized routine tissue grafting and healing as we know.
2018/2019 YEAR IN REVIEW

Registrations by Type

- Dentists: 1495
- Dental Team Member: 87
- Admin Team Member: 32

OVERVIEW:

The focus of this course will be to provide up-to-date information on best practices in infection prevention and control and instruction on the practical application of those practices in dental offices. Our dental team has spent years learning from the best minds in the business. In addition to background lectures, we will provide demonstrations and give you the resources you need for implementation and documentation in your own practice.
Composite Artistry: Practical Predictable Esthetic Solutions

DATE: November 1 & 2, 2019 (2 Day Lecture & Hands-On)
Fri Lecture only, Fri & Sat: Lecture & Hands-On
CDE CREDITS: Fri Only: 7, Fri/Sat: 16
CATEGORY: 2
TUITION: $650 (Lecture Only), $2,075 (Lecture & Hands-On)
LOCATION: U of T Centre for CDE — 1440 Don Mills Rd

COURSE DIRECTOR:
Dr. Jenine Arab O’Malley
DDS, AAACD
Dr. Jenine Arab O’Malley is a graduate of Dalhousie University, and owner of Halifax Dental Studio in Nova Scotia. With a natural gift for artistic dentistry, she is distinguished as Atlantic Canada’s first AAACD accredited dentist and recognized by Dental Products Report as One of The Top Women in Dentistry.

OVERVIEW:
Composite resin restorations, traditionally considered a secondary treatment to porcelain, are emerging as a preferred treatment option in the anterior region. When well executed, this artistic and highly versatile treatment option provides patients with a minimally invasive, esthetically pleasing and time efficient treatment alternative.

Course Objectives:
1. Understand material properties to have an appreciation of knowing what material to use where for attaining predictable esthetic results.
2. Learn a simple approach of applying opaques and tints to emphasize polychromatic and internal effects, incisal translucency and mask a discolored tooth.
3. Learn simple to advanced layering technique for building up your restoration.
4. Experience the importance of creating the correct surface texture, shaping and polishing to achieve remarkable restorations.
Creating Endodontic Predictability

OVERVIEW:
This course addresses breakthrough concepts and details the skills necessary for acquiring the expertise and confidence to perform the highest quality endodontics. As a participant in our program, you will become familiar with the use of the “apex last” approach to canal shaping with nickel-titanium instrumentation using the Protaper Gold and Wave One Gold Rotary and Reciprocation NiTi Systems. Choose whether you want to shape your canals using Continuous Rotation or Reciprocation. The end result is increased resistance to cyclic fatigue with more confidence in your hands.

Also to be discussed will be predictable irrigation protocols using Passive Sonic Irrigation and Apical Negative Pressure. Vertical condensation of thermo-softened gutta percha using The Continuous Wave of vertical condensation and Gutta Core thermosoftened carriers will also be discussed.

During this exciting, fast-paced presentation the attendee will receive experience in a workshop environment.

DATE: November 8 & 9, 2019
CDE CREDITS: FRI: 7, FRI & SAT: 13 (1.5 Days)
CATEGORY: 2
TUITION: $1,450
LOCATION: U of T Centre for CDE — 1440 Don Mills Rd

COURSE DIRECTOR:
Dr. Gary Glassman
DDS, FRCD(C)
Dr. Glassman lectures globally on endodontics, is an Instructor in Dentistry at the University of Toronto, Faculty of Dentistry in the graduate specialty program in endodontics, and is Adjunct Professor of Dentistry and Director of Endodontic Programming for the University of Technology, Kingston, Jamaica.
Functional and Esthetic Restoration of the Worn Dentition

OVERVIEW:

People are more focused on the appearance of their teeth than ever before. Yet, most esthetic concerns are derived from excessive wear and chipping of teeth rather than the color. It is imperative for the dentist to understand why teeth wear and what is needed to correct the underlying issues. Altering anterior teeth does not only change the esthetics of a smile. Phonetics, envelope of function, anterior guidance, and centric contact are all changed when restoring worn teeth. Missing the mark on any of these factors will lead to a compromised result.

Course Objectives

* Understand why teeth wear and why this matters
* Recognize signs of instability in the stomatognathic system
* Learn what data you need to make a complete diagnosis
* 16 steps in treatment planning for functional success
* Learn what to do with vertical dimension in wear cases
* Understand the functional matrix of anterior teeth
* Understand how to manage a complex interdisciplinary wear case

DATE: November 15, 2019

CDE CREDITS: 7 CATEGORY: 2

TUITION: $650

LOCATION: U of T Centre for CDE — 1440 Don Mills Rd

COURSE DIRECTOR:

Dr. Leonard A. Hess DDS

Dr. Leonard A. Hess maintains a complete care focused private practice in Monroe, North Carolina. He is a Senior faculty member of The Dawson Academy. Dr. Hess has been lecturing for over 15 years. Dr. Hess has taught thousands of hours of continuing education in the United States, China, Germany, Spain, Poland, Canada, and Japan.
Medical Emergencies in the Dental Office

DATE: November 15, 2019 & April 17, 2020

CDE CREDITS: 6 CATEGORY: 1 - Core

TUITION: $695

LOCATION: U of T Conference Centre — 89 Chestnut St.

COURSE DIRECTOR:
Dr. Daniel Haas DDS, PhD, FRCD(C)

As well as numerous teaching awards, Daniel Haas, Dean of the Faculty of Dentistry, has received international recognitions including: the International Association for Dental Research Distinguished Scientist Award for Pharmacology/Therapeutics/Toxicology Research, the Heidbrink Award from the American Dental Society of Anesthesiology, the Leonard Monheim Distinguished Service Award of the American Society of Dentist Anesthesiologists, and the Horace Wells Award from the International Federation of Dental Anaesthesiology Societies.

OVERVIEW:

Every member of your dental team should know how to prevent and respond to medical emergencies.

In this course we will review:
- relevant drug interactions and the management of medically compromised patients
- emergency equipment and the pharmacology of resuscitative drugs
- protocols for specific emergencies, such as anaphylaxis cardiovascular emergencies, respiratory emergencies, local anesthetic toxicity, and others

It is assumed that all attendees are knowledgeable in basic CPR.

Each attending dentist will receive an Emergency Drug Kit consistent with RCDSO recommendations. Important: the Emergency Drug Kit can only be given to a registered dentist who attends the course.

This course is the pre-requisit to Oral Sedation and Nitrous Oxide Sedation.
Oral Sedation and Nitrous Oxide Sedation

OVERVIEW:

This course will provide instruction in achieving minimal and moderate sedation in dentistry using oral sedation and nitrous oxide-oxygen sedation.

Course content will include a review of minimal sedation, moderate sedation, oral sedative pharmacology, oral sedation regimens, nitrous oxide pharmacology, nitrous oxide equipment and administration, monitoring, respiratory physiology and RCDSO Guidelines.

The course Medical Emergencies in Dental Offices is a prerequisite to this course and must have been completed within the past 2 years. Successful completion of this course, which includes prior reading assignments and 2 multiple-choice tests, qualifies dentists to administer minimal and moderate sedation by means of an oral sedative, nitrous oxide-oxygen, or a combination of these 2 modalities.

Pre-Requisite for IV Moderate Sedation Course
2018/2019 YEAR IN REVIEW

Registrations by Region

Canada, 1599
- British Columbia
- Alberta
- Manitoba
- Ontario
- Toronto
- Newfoundland
- New Brunswick
- Nova Scotia

United States of America, 7
- California
- Hawaii
- Michigan
- New York
- Pennsylvania

Other, 8
- Australia
- Iran
- India
- Mexico
- Netherlands
- Philippines
- Polan

Registrations by Region

Total: 1599

Canada: 1560
- British Columbia: 9
- Alberta: 9
- Manitoba: 9
- Ontario: 9
- Toronto: 9
- Newfoundland: 9
- New Brunswick: 9
- Nova Scotia: 9

United States: 522
- California: 7
- Hawaii: 5
- Michigan: 3
- New York: 9
- Pennsylvania: 1560

Other: 7
- Australia
- Iran
- India
- Mexico
- Netherlands
- Philippines
- Polan

Total Registrations: 1599
Silver is the New Black: Improving Your Practice with Silver Diamine Fluoride

OVERVIEW:

By now you’ve likely heard the buzz surrounding silver diamine fluoride (SDF). You may not have read the abundance of scientific literature to discover just how effective this technique is at combating caries. Perhaps you have considered using SDF, but since it is not part of the vast majority of dental school’s curriculum, you’re not quite sure where to start. Learn from an early adopter of Advantage Arrest Silver Diamine Fluoride 38% how to successfully incorporate this powerful oral medicine into your practice. This session will walk you through the scientific evidence which helped earn SDF the prestigious FDA Breakthrough Therapy Designation. Learn the principles of case selection, informed consent, treatment planning, and a clinical protocol for SDF. Learn how to treat cavities in a quick, effective, and painless way using Silver Modified Atraumatic Restorative Technique (SMART). Find out how offering non-invasive options like SDF and SMART can attract new patients, improve patient satisfaction, and increase internal marketing and word of mouth referrals.

DATE: November 16, 2019 (8:30AM – 12PM)

CDE CREDITS: 3 (0.5 Day) CATEGORY: 2

TUITION: $350

LOCATION: U of T Centre for CDE — 1440 Don Mills Rd

COURSE DIRECTOR:

Dr. Jeanette MacLean DDS

Dr. Jeanette MacLean is a private practice pediatric dentist and owner at Affiliated Children’s Dental Specialists in Glendale, Arizona. She is a Diplomate of the American Board of Pediatric Dentistry.
The Value of Conserving & Preserving from the Inside Out: A Minimal Intervention Approach to Restoring Teeth

OVERVIEW:
This dynamic educational lecture/workshop focuses on the practical application of minimally invasive restoration into your dental practice. Attendees will learn how to use new materials and technologies to preserve tooth structure and provide affordable, life-enhancing treatments for their patients.

During this fast-paced course, attendees will learn about biomechanical function and preservation of tooth structure during bulk filling, bonding and composite restoration procedures. Minimally invasive concepts and methods are explored using a combination of lecture and hands-on exercises in three modules.

Course Objectives:
- Module 1: Dentin substitution using a biomimetic bulk-fill composite material (tooth #3, MOD-LI, class II)
- Module 2: Placement of a pre-fabricated direct composite veneer (shade A1/B1, tooth #8)
- Module 3: Freehand restoration using a next-generation universal submicron composite (anterior class IV, tooth #9), matching veneer placed in Module 2

<table>
<thead>
<tr>
<th>DATE: November 30, 2019 (8:30AM – 12PM)</th>
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<tbody>
<tr>
<td>CDE CREDITS: 3</td>
</tr>
<tr>
<td>CATEGORY: 1 - CORE</td>
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<tr>
<td>TUITION: $200</td>
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<td>LOCATION: Faculty of Dentistry — 124 Edward St.</td>
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<tr>
<td>COURSE DIRECTORS:</td>
</tr>
<tr>
<td>Dr. Ernest Lam</td>
</tr>
<tr>
<td>DMD, MSc, PhD, FRCD(C)</td>
</tr>
<tr>
<td>Dr. Grace Bradley</td>
</tr>
<tr>
<td>DDS, MSc, FRCD(C)</td>
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<tr>
<td>Dr. Marco Caminiti</td>
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<tr>
<td>BSc, DDS Med, FRCDC (OMFS)</td>
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<tr>
<td>Dr. Deepika Chugh</td>
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<td>BSc, DDS, MSc, FRCD(C)</td>
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<tr>
<td>Dr. Iona Leong</td>
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<tr>
<td>BSc (Hons), BDS, MSc, FRCD(C)</td>
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<tr>
<td>Dr. Marco Magalhaes</td>
</tr>
<tr>
<td>DDS, MSc, PhD</td>
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</table>

OVERVIEW:

This course qualifies as a Category 1 “Core” Course as designated by the RCDSO; CDE Credits: 3

Diseases arising in or around the jaws that are inadequately assessed, incorrectly diagnosed or inappropriately managed may result in severe morbidity or even catastrophic consequences for the patient. Using a case-based, multidisciplinary approach to diagnosis and management, this course will bring together specialists in Oral and Maxillofacial Pathology, Radiology and Surgery who will review a variety of clinical conditions of varying severity. The cases will emphasize the importance of multi-specialist involvement in proper patient evaluation, image selection and interpretation, differential diagnosis, and management.
OVERVIEW:

This course will present the steps and flow of endodontic treatment with specific emphasis on how CBCT is a powerful instrument to help our treatment every step along the way. CBCT facilitates improved confidence and better clinical outcomes from the initial diagnostics right through to healing assessment.

Course Objectives:

1. To introduce the CBCT 3D imaging technology and how it applies to Endodontic treatment.
2. To use clinical case examples to demonstrate the power and accuracy of CBCT imaging and how it applies to case diagnosis, prognosis and healing assessment.
3. To provide education on the endodontic procedure with a specific emphasis on how the 3D information we have from CBCT can help guide our treatment approach, execution and communication with patients about the expected outcome.
Implant Residency Program 2020

DATE: January 10 – November 20, 2020

CDE CREDITS: 186 CATEGORY: 2

TUITION: $18,000

LOCATION: VARIOUS

COURSE DIRECTORS:

Dr. Jim Yuan Lai
DMD, MSc (Perio), EdD, FRCD(C)
Professor Lai is Vice-Dean of Education and the former Director of Graduate Periodontology at the University of Toronto, Faculty of Dentistry.

Dr. Joseph Fava
DDS, MSc
Private Practice, Prosthodontics. Associate in Dentistry at the Faculty of Dentistry, University of Toronto.

Dr. Vanessa C. Mendes
DDS, MSc (OMS), MSc (Perio), PhD, FRCD(C)
Graduate Director of Periodontology at the Faculty of Dentistry, University of Toronto. Professor Mendes is a board-certified Periodontist who teaches courses at both graduate and undergraduate levels.

OVERVIEW:

This course will involve didactic and hands-on training together with the opportunity to treat two cases from your own practice under the supervision of faculty experts including case selection, diagnosis, treatment planning, surgical phase and prosthodontics phase to final completion. Advanced CBCT technology will be available in all areas from diagnosis, to treatment planning, to surgical splints.

Student dentists may select patients requiring single or multiple implants but all patients to be treated must be approved by the Faculty as suitable for the educational requirements of the student.

Note: This course will meet the new RCDSO Guidelines for Educational Requirements for Implant Dentistry.
2018/2019 YEAR IN REVIEW

Number of Courses repeated each semester
- Medical Emergencies
- Oral Sedation & N2O Sedation
- Cone Beam CT
- Infection Prevention & Control

Number of Courses repeated annually
- Dental Practice Management
- Implant Residency
- Porcelain Veneers
- IV Moderate Sedation

Number of Courses divided into multiple sessions or held over more than three days
- Dental Practice Management
- Implant Residency
- IV Moderate Sedation

2019/2020

Live Patient Programs
- Implant Residency
- IV Moderate Sedation
- Sleep Medicine

Faculty/Staff Discounted Courses
- Implant Residency
- IV Moderate Sedation
- Sleep Medicine

International Programs
- Orofacial Pain
- Surgical & Prosthetic Implant

Affiliated Programs
- Dubai
- Japan
The Fundamentals of Dental Office Reprocessing

OVERVIEW:
Protect your practice by enrolling your dental assistants in this course today! You will be increasing their technical skills and efficiency and ensuring that your staff are properly trained in infection prevention and control best practices. This certificate can be added to your infection control office manual demonstrating continuing infection control training of your staff and compliance with IPAC Guidelines and Standards.

Participants will be trained on the different techniques in the reprocessing of reusable medical devices and the management of sterile and unsterile reusable and single-use medical equipment following the Canadian medical device reprocessing standards and infection control best practice.

This course consists of 2 lecture sessions and 2 hands-on training sessions. Participants will receive an educational certificate from Continuing Dental Education, University of Toronto, Faculty of Dentistry.

DATE: January 11, 25, February 22, March 7, 2020
2 Lectures & 2 Hands-On Sessions
CDE CREDITS: 32 CATEGORY: 2
TUITION: $1,095
LOCATION: Faculty of Dentistry — 124 Edward St.

COURSE DIRECTORS:

Lucy Ferraro
Lucy Ferraro is a member of OSAP, APIC, OHA and CHICA Coordinator of Clinic Policy and Clinic Programs
University of Toronto, Faculty of Dentistry.

Aileen Gunda
CMDRT, BHA
Aileen Gunda is a Principal/Consultant at Medical Device Reprocessing Consulting Services.
Small Field-of-View Cone Beam CT: Principles and Applications

OVERVIEW:
The small field-of-view cone beam CT (CBCT) has both didactic and clinical hands-on components that will introduce the clinician to the principles of CBCT and its applications in dentistry consistent with RCDSO education guidelines for the operation of CBCT systems.
OVERVIEW:

The course is designed to provide dental practitioners with a survey of common medical disorders that may be encountered in a dental practice. The medical problems are organized to provide a brief overview of the basic disease process, etiology, incidence, prevalence, medications and oral manifestations commonly presented by the dental patients. In particular, patients with Neurological disorders, cardiovascular disease, endocrine conditions and geriatrics will be discussed so the practitioner can provide appropriate and safe dental care.

Course Objectives:

1. Recognize the prevalence, incidence and etiology of various common medical conditions.
2. Understand (a) the pathophysiology and (b) pharmacotherapy of these disorders and consequences to oral health.
3. Introduce the appropriate procedures in dental practice required to optimize dental care in these patients.
4. Recognize and manage medical emergencies in these patients.
How to Incorporate the New Classification of Periodontal Diseases into Your Practice: A Simplified and Practical Approach

DATE: January 25, 2020 (8:30AM – 12PM)
CDE CREDITS: 3 CATEGORY: 1 (CORE Pending)
TUITION: $350
LOCATION: U of T Centre for CDE — 1440 Don Mills Rd

COURSE DIRECTOR:
Dr. Jim Yuan Lai
DMD, MSc (Perio), EdD, FRCD(C)
Professor Lai is Vice-Dean of Education and the former Director of Graduate Periodontology at the University of Toronto, Faculty of Dentistry.

OVERVIEW:
A new classification of periodontal and peri-implant diseases and conditions was introduced in 2017 to reflect the current understanding of these diseases. The new classification strengthens the connection between diagnosis, prevention and treatment. This course will review the major changes of the 2017 classification and introduce a simplified and practical approach on how to incorporate it into dental practice.

Course Objectives:
- Describe and differentiate different types of periodontal and peri-implant diseases.
- Interpret clinical findings to diagnose periodontal diseases.
- Explain staging and grading of periodontitis.
- Implement the classification into clinical practice in simple and practical manner.
Dentistry’s Future: Co-managing Cardiovascular Disease with Medicine

OVERVIEW:
Dentistry can no longer just be about helping patients clean and saving their teeth.

Evidence is clear that inflammation of oral origin contributes to the systemic burden of inflammation. And, it is systemic inflammation that drives the progression of chronic diseases like cardiovascular disease. Dental providers can play a role in cardiovascular management. The evidence-based data supporting a link between oral inflammation and cardiovascular disease will be reviewed and then incorporated into a practical office protocol which allows dental professionals to assist their patients towards cardiovascular wellness.

This is a fast-paced, learn-it-today-use-it-tomorrow seminar which is supplemented with practice management materials which makes managing patient’s oral and overall information easy and efficient. This course is designed for the entire dental team. Doctors and hygienists and the entire office team are strongly encouraged to attend together.
The New Message of Dentistry: How to Effectively Communicate to Patients, Staff & Everyone!

OVERVIEW:

It is time for dentistry to change. For too long, dentistry has defined itself by telling anyone who will listen about the merits of oral hygiene. The fact that “Brush and floss or else,” has not motivated the throngs of patients with unmet needs to come in and have those needs adequately addressed is not evidence that dentistry’s oral hygiene message has failed to get through. Rather, it is confirmation that this message must change. The overwhelming evidence confirming that a preferred level of oral health is vital to overall wellness is providing dentistry with a window of opportunity to redefine its message and vastly improve its standing in the health care sector.

Come and learn the science behind effective and predictable communication. Come and learn what we can say for sure to our patients concerning the link between oral and overall health. You will leave with a very clear plan for maximizing the effectiveness of the new message of dentistry and the communication skills necessary to do so.
Nitrous Oxide and Oral Sedation Refresher Course

OVERVIEW:

This course is appropriate for providers of oral moderate sedation and may also be beneficial for those who provide minimal sedation through the administration of nitrous oxide and oxygen or the oral administration of a single sedative drug.

This interactive course is designed for practitioners who are currently utilizing moderate sedation services to their patients. The modalities to be reviewed will be nitrous oxide and oxygen, oral sedation with benzodiazepines, and the use of these agents in combination. The recently-updated RCDSO Standard of Practice will be referenced throughout the course to provide clarity on how to comply with Ontario’s regulations regarding the use of sedation in dental practice. Personal cases are welcome for review by the group with guidance from the instructor. By the end of this session, each attendee should return to their practice with greater clinical confidence.

This course is appropriate for providers of oral moderate sedation and may also be beneficial for those who provide minimal sedation through the administration of nitrous oxide and oxygen or the oral administration of a single sedative drug.

DATE: February 7, 2020
CDE CREDITS: 7 CATEGORY: 2
TUITION: $695
LOCATION: TBA

COURSE DIRECTOR:

Dr. Peter Nkansah
BSc(Hon), MSc, DDS,
Dip Anaes, FADSA

Dr. Nkansah is a specialist in Dental Anaesthesia and maintains a private practice in Toronto. He is an Assistant Professor of anaesthesia and pharmacology at the University of Toronto, Faculty of Dentistry.
Dental Marketing and Social Media Fundamentals Update

**DATE:** February 21, 2020  
**CDE CREDITS:** 7  
**CATEGORY:** 3  
**TUITION:** $650  
**LOCATION:** U of T Conference Centre — 89 Chestnut St.  
**COURSE DIRECTOR:**  
- **Adrian Lefler**  
  Adrian Lefler is the CEO of My Social Practice.  
- **Sharky Liu**  
  Sharky Liu is the founder of DentistFind.  
Preregister at:  
[https://dentalmarketingcourse.com/uoft20](https://dentalmarketingcourse.com/uoft20)  
Limited 68 spots. $500 value bonus training material for all pre-registrants with tuition.  
Registration open Friday, November 8th 2019 4:30PM EST.

**OVERVIEW:**  
**Morning Lecture: Sharky Liu**  
Dental Marketing in the Digital Era:  
The New Art & Science of Dental Marketing

Perhaps you have tried many different “dental marketing” services, but are often disappointed at the lack of results. This lecture teaches you the smart way to market your clinic or private practice. It’s designed to help dental practice owners and managers understand the fundamentals of dental marketing from a scientific and analytical point of view. Once you learn the basics of dental marketing, you can become far more effective in successfully attracting new patients.

**Afternoon Lecture: Adrian Lefler**  
The 5 Most Effective Dental Social Media Strategies You Can Start Using Today!

Social media marketing for dentists has grown up! And while specific tools and tactics are always changing, the principles that drive effectiveness remain the same. Join Adrian Lefler as he leads you through a lively, highly visual journey to your own practice’s social media marketing nirvana. Whether you’re just getting started, or you’re already a social media maverick, you’ll leave Adrian’s lecture with a crystal clear understanding of how social media marketing works for dental practices, along with tons of actionable takeaway ideas you’ll use immediately in your own practice!
The Art and Science of Multiple Veneer Solutions to Common Cosmetic Challenges

OVERVIEW:

Finally, a condensed but comprehensive course in multiple veneer placement to satisfy the cosmetic challenges of crowding and diastemas in anterior teeth. You will review the science that an experienced general practitioner needs and have a hands-on opportunity to improve the art of delivering an excellent restoration.

The didactic and hands-on components will be integrated over the two days of the course to allow participants to immediately focus on the hands-on application of each segment of the didactic learning.

DATE: February 22 & 23, 2020

CDE CREDITS: 16 CATEGORY: 2

TUITION: $2,075

LOCATION: U of T Centre for CDE — 1440 Don Mills Rd

COURSE DIRECTORS:

Dr. Anthony Mancuso
DDS, MAGD
Dr. Mancuso has published several articles on esthetic dentistry and is a recognized clinical educator in this field.

Dr. Domenic Belcastro
DDS
Dr. Belcastro is a clinical instructor in Restorative Dentistry at the University of Toronto.
OVERVIEW:
This course will include instructor-led practice scenarios and peer practice sessions on office emergency protocols, cardiovascular emergencies, skills and techniques related to CPR & choking (Adult/Child/Infant – HCP Level), as well as AED and Oxygen Administration.

PRESENTED BY:
Rescue 7
Parenteral Moderate Sedation Refresher Course

**OVERVIEW:**

Parenteral moderate sedation includes a number of routes of administration for sedative agents, including intranasal administration, intramuscular injections, and the intravenous route. This interactive course will review recent research and trends, as well as clinical scenarios to assist attendees in the treatment of their patients. The recently updated RCDSO Standard of Practice will be reviewed carefully to help attendees provide sedation services to their patients in a manner that complies with the described rules. Details will include patient monitoring, record-keeping, and trouble shooting. Much of the work will be done through the presentation of scenarios.

**DATE:** February 28, 2020  
**CDE CREDITS:** 7  
**CATEGORY:** 2  
**TUITION:** $695  
**LOCATION:** TBA

**COURSE DIRECTOR:**

**Dr. Peter Nkansah**  
BSc(Hon), MSc, DDS,  
Dip Anaes, FADSA

Dr. Nkansah is a specialist in Dental Anaesthesia and maintains a private practice in Toronto. He is an Assistant Professor of anaesthesia and pharmacology at the University of Toronto, Faculty of Dentistry.
Fundamentals of Dental Sleep Medicine – Lecture Course

OVERVIEW:

Obstructive sleep apnea (OSA) is a common disorder affecting at least 2-4% of the adult population and is associated with a diminished quality of life, hypertension, diabetes, and cardiovascular disease, thereby making it a significant public health concern. As such, treatment of OSA is in growing demand from the public and dentists are increasingly interested in being part of the medical team to provide treatment for this often debilitating problem. Unfortunately, oversimplification of this important treatment has been suggested not only by over-the-counter remedies but also by some practitioners interested in the financial opportunity this growing treatment area provides.

Continuing Dental Education at the University of Toronto is pleased to offer a one-day course on the treatment of sleep related breathing disorders and the impact on society. The course will cover the evidenced based science and pathophysiology as well as case based studies describing evaluation, treatment and the role of oral appliance therapy. A team of internationally recognized experts from both medicine and dentistry have been recruited to provide this course.

DATE: February 29, 2020

CDE CREDITS: 6 CATEGORY: 1 - Core (Pending)

TUITION: $650

LOCATION: U of T Centre for CDE — 1440 Don Mills Rd

COURSE DIRECTOR:

Tina Meisami
BSc, DDS, FRCD(C)

SUPPORTING FACULTY: Dr. Patrick Arcache, Dr. Leslie Dort, Dr. Jean-Francoise Masse, Dr. Donald Farquhar, Dr. Leila Chahine, Dr. Christopher Li, Dr. Benjamin Pliska
Fundamentals of Dental Sleep Medicine – Clinical Component

OVERVIEW:

Obstructive sleep apnea (OSA) is a common disorder affecting at least 2-4% of the adult population and is associated with a diminished quality of life, hypertension, diabetes, and cardiovascular disease, thereby making it a significant public health concern. As such, treatment of OSA is in growing demand from the public and dentists are increasingly interested in being part of the medical team to provide treatment for this often debilitating problem. Unfortunately oversimplification of this important treatment has been suggested not only by over the counter remedies but also by some practitioners interested in the financial opportunity this growing treatment area provides. Continuing Dental Education at the University of Toronto is pleased to offer a 3 day comprehensive course on the treatment of sleep related breathing disorders and the impact on society. The course will cover the evidenced-based science and pathophysiology as well as case based studies describing evaluation, treatment and the role of oral appliance therapy. Attending dentists will be given clinical information on various types of appliances and observe live patient demonstrations on clinical application. A team of internationally-recognized experts from both medicine and dentistry have been recruited to provide this course.

DATE: March 1 & 7, 2020
CDE CREDITS: 18 CATEGORY: 2
TUITION: $2,450
LOCATION: Faculty of Dentistry — 124 Edward St.

COURSE DIRECTOR:
Tina Meisami
BSc, DDS, FRCD(C)

SUPPORTING FACULTY: Dr. Patrick Arcache, Dr. Leslie Dort, Dr. Jean-Francoise Masse, Dr. Donald Farquhar, Dr. Leila Chahine, Dr. Christopher Li, Dr. Benjamin Pliska

(Participants must take Day 1 — on February 29th in order to qualify to take this component)
Travel & Learn in Paradise – Jamaica (Hyatt Ziva & Zilara)

Jamaica 5-Star All-Inclusive resort
March Break: March 14 – 21, 2020

Packages starting at $4655 for two
(first person in the room pays & second person free)

Complete travel and learn details, including seminars, vacation packages, pricing, flights and hotel, can be found on the CDE website.

Contact:
U TRAVEL & TOURS INC.
Jurina Chan
Phone: 416 597 1012 / jurina@utraveltours.com

Dr. Amelia Chan
Travel Consultant
DATE: March 14 – 21, 2020

CDE CREDITS: 12  CATEGORY: 2

TUITION: $650

Seminars

OVERVIEW:

Infection Prevention and Control in Dentistry - A New Standard: Chris Swayze
Mon Mar 16th: 1/2 Day (8:30am – 11:30am)

Medical Emergencies in the Dental Office: Are You Ready?
Dr. Peter Nkansah
Tues March 17th: 1/2 Day (8:30am – 11:30am)

Open Forum Session
Thurs March 19th: 1/2 Day (8:30am – 11:30am)

Advanced Local Anaesthesia: Comfortably Numb
Dr. Peter Nkansah
Fri March 20th: 1/2 Day (8:30am – 11:30am)

COURSE DIRECTORS:

Dr. Peter Nkansah
Assistant Professor
Faculty of Dentistry, University of Toronto

Dr. Chris Swayze
Continuing Dental Education, University of Toronto
Infection Prevention and Control:  
A Guide to Best Practices for All Oral Health Care Professionals

**DATE:** March 28, 2020  
**CDE CREDITS:** 6  
**COURSE DIRECTOR:** Lucy Ferraro  
Lucy Ferraro is a member of OSAP, APIC, OHA and CHICA  
Coordinator of Clinic Policy and Clinic Programs University of Toronto, Faculty of Dentistry.

**OVERVIEW:**

The focus of this course will be to provide up-to-date information on best practices in infection prevention and control and instruction on the practical application of those practices in dental offices. Our dental team has spent years learning from the best minds in the business to refine our Best Practices. This course will teach your dental team the background behind our best practices. We will demonstrate those Best Practices and give you the resources you need to implement and document them in your own practice.

**TUITION:** $495  
**LOCATION:** Faculty of Dentistry – 124 Edward St

**CATEGORY:** 1 - Core
Molar Hypomineralisation and Chalky Teeth – What’s It All About?

**DATE:** April 3, 2020

**CDE CREDITS:** 7  
**CATEGORY:** 1 - Core (Pending)

**TUITION:** $550

**LOCATION:** TBA

**COURSE DIRECTORS:**

**Prof. Mike Hubbard**
BDS, PhD
Professor Mike Hubbard is a scientist and Founder/Director of The D3 Group, Melbourne, Australia.

**Dr. Arun Natarajan**
BDS, DClinDent, MRACDS
Dr. Arun Natarajan is a paediatric dentist in Christchurch, New Zealand.

**Dr. Peter Fowler**
BDS
Dr. Peter Fowler is a New Zealand orthodontist.

**OVERVIEW:**

Over 1-in-5 children have one or more hypomineralised teeth, adding 10-fold risk of tooth decay for many! No wonder it’s such a challenge to manage. Find out all you need to know from people that see, treat and research cases every day. Hear about long-term treatment planning that can save years of continual dental treatment, and various public health opportunities you never knew existed. What’s the latest information we can give patients about causes, management, even prevention? You’ll find these tricky cases more rewarding and your patients will love you for it.

- Course suitable for GPs and Paediatric dentists
- Check out the International Symposium on Molar Hypomineralisation & Chalky Teeth in October
THURSDAY 22 TO SATURDAY 24, OCTOBER, 2020

We proudly announce our inaugural International Symposium on Molar Hypomineralisation and Chalky Teeth, kindly hosted by the University of Toronto — Faculty of Dentistry and the Hospital for Sick Children.

This ground-breaking event will use a translational approach to formulate key questions aimed at improving management of, and ultimately preventing, Molar Hypomineralisation and other types of chalky teeth. Aspects covered will include population health, clinical management, research, education, and science translation.

We invite interested parties from academia, health professions, government and industry to help develop a collaborative event that is not only memorable but also transformative for social good.
When Less becomes More: Conservative Endodontics
Utilizing Advanced Tools & Techniques for Maximum Effect

DATE: April 17, 2020
CDE CREDITS: 7 CATEGORY: 2
TUITION: $650
LOCATION: U of T Centre for CDE — 1440 Don Mills Rd

COURSE DIRECTOR:
Dr. George A. Bruder
DMD

George A. Bruder, D.M.D. – Dr. Bruder was the founding Chair of the Department of Endodontics and Director of the Advanced Specialty Education Program in Endodontics at Stony Brook University School of Dental Medicine from 2006 – 2015.

OVERVIEW:
This course is for experienced clinicians who are ready to fine-tune their techniques with new instruments designed specifically to preserve more natural anatomy. In addition, concepts for executing conservative preparations which still encourage appropriate cleaning and obturation will be presented.

Course Objectives:
After attending this course, the participant will:
• Understand how advancements in metallurgy and instrument design have been combined to create a shaping system which adheres to a philosophy focused on dentin preservation
• Understand the concept of pericervical dentin conservation
• Understand the attributes of various irrigating solutions and advanced delivery and activation tools which take advantage of recent material advancements to combat bacteria
OVERVIEW:

This course picks up where “The Art and Science of Multiple Veneer Solutions to Common Cosmetic Challenges.” left off. This program will delve more into the diagnosis and treatment planning of more complex restorative cases that will present in your office.

This advanced program will revisit each determinant of aesthetic treatment planning: maxillary incisal edge position, tooth form, free gingival margins (FGM) location and arch form. Each determinant must be analyzed and diagnosed prior to finalizing the treatment plan to include or exclude the need for periodontal or orthodontic treatment.

A discussion on occlusal records, including the reliability of VDO determination and facebow records will precede the hand on portion. A further discussion will focus on when to use centric relation versus MIP, including the controversies surrounding both. As well indications and contraindication for different restorative materials, phasing treatment for full arch cases, sequencing and provisionalization and protecting the final restorations will complete the program.

DATE: May 23 & 24, 2020
CDE CREDITS: 16 CATEGORY: 2
TUITION: $2,075
LOCATION: U of T Centre for CDE — 1440 Don Mills Rd

COURSE DIRECTORS:

Dr. Anthony Mancuso
DDS, MAGD
Dr. Mancuso has published several articles on esthetic dentistry and is a recognized clinical educator in this field.

Dr. Domenic Belcastro
DDS
Dr. Belcastro is a clinical instructor in Restorative Dentistry at the University of Toronto.
# IV Moderate Sedation

**DATE:** June 2020 (Exact Dates TBD)

**CDE CREDITS:** 88  **CATEGORY:** 2

**TUITION:** TBA

**LOCATION:** Faculty of Dentistry – 124 Edward St

**COURSE DIRECTOR:**

**Dr. Peter Nkansah**  
BSc(Hon), MSc, DDS,  
Dip Anaes, FADSA  

Dr. Nkansah is a specialist in Dental Anaesthesia and maintains a private practice in Toronto. He is an Assistant Professor of anaesthesia and pharmacology at the University of Toronto, Faculty of Dentistry.

**OVERVIEW:**

This course meets the parenteral conscious sedation educational requirements of the RCDSO Standard of Practice for Sedation and Anaesthesia.

Students will learn how to assess patients for safety and appropriateness of IV sedation, review cardiovascular and respiratory physiology, review pharmacology of sedative agents, review sedation guidelines, and learn about patient monitoring and recordkeeping, office set-up, sedation-related medical emergency sessions, hands-on venipuncture techniques, and hands-on patient sedation (20 cases per participant).
Surgical & Prosthetic Implant Treatment Program for Internationally-Trained Dentists

OVERVIEW:

This one-year course will provide a formal basic education and training for foreign graduate dentists in the field of Implant Dentistry. It consists of lectures, seminars, laboratory sessions and clinical practice in both the prosthetic and surgical phases of implant treatment. The didactic core portion comprises seminars and lectures in biomaterials, tissue biology and tissue engineering; clinical treatment, patient records and preparation; prosthodontic restoration and follow-up; surgical techniques for implant site development and implant placement; evidence from clinical trials and special considerations for identifying complex implant-related treatments not appropriate for treatment by novice implant providers.

For more details and to apply, visit cde.dentistry.utoronto.ca

Limited spots available.
Advanced Training Program in Orofacial Pain Management

OVERVIEW:

This one-year Advanced Training Program in Orofacial Pain Management was developed in order to accommodate the ever-increasing demand of treatment for complex cases of orofacial pain. This multidisciplinary educational program integrates interventional therapies for TMJ disorders along with several areas of pain diagnosis and management in dentistry and medicine. Its comprehensive approach includes dental and medical disciplines such as Oral and Maxillofacial Surgery, Oral Medicine, Endodontics, Periodontics, Prosthodontics, Orthodontics, Oral and Maxillofacial Pathology, Geriatric Dentistry, Neurology, Medical Pain Management, Anaesthesia, Psychiatry, and Physiatry/Rehabilitative Medicine.

For more details and to apply, visit cde.dentistry.utoronto.ca

Limited spots available.
ACKNOWLEDGEMENTS

Continuing Dental Education would like to acknowledge the unrestricted educational grants and continued support provided by our sponsors. If you would like to become a sponsor, please contact us.

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University of Toronto’s Online Oral Health Teaching Hub (UTOOTH)
Register now and access your online course selections for the entire
Core requirements plus any additional points available for Category 2.

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New Utooth Courses:

Diagnostic Detectives: Catching Common Culprits and Spotting a Mimic in Oral Pathology, Oral Medicine and Oral Radiology
Presented by Dr. Kristina Perschbacher
Dr. Susanne Perschbacher
CE Points: 3
Category 1

Topics in Oral Pathology & Dermatology: What Every Dentist Should Know
Presented by Dr. Hagen B. E. Klieb
CE Points: 3
Category 1

The Medically Risky Patient: How to Identify and What to Do When Things Go South
Presented by Dr. Brian Freund
CE Points: 3
Category 1

De-mystifying Oro-facial Pain for the Dental Practitioner
Presented by Dr. Brian Freund
CE Points: 3
Category 1

Early Childhood Caries and Staged Care: Sedation and General Anesthesia is Avoidable
Presented by Dr. Ian McConnachie
CE Points: 6
Category 1

The Medically Risky Patient: How to Identify and What to Do When Things Go South
Presented by Dr. Brian Freund
CE Points: 3
Category 1

IT Considerations in the Dental Office
Presented by Dr. Gordan Markic
CE Points: 3
Category 1

Cannabis and Implications for Clinical Dental Practice
Presented by Dr. José Lança
CE Points: 3
Category 1

Anti-infectives in the Dental Office: What’s New?
Presented by Dr. Aviv Ouanounou
CE Points: 3
Category 1

Pharmacology for the Dental Practitioner: An Overview
Presented by Dr. Aviv Ouanounou
CE Points: 3
Category 1

Plus many more to come...